



JANUARY DINO NEWS

Dr. K. A. Clark Public School
8453 Franklin Avenue
Fort McMurray, AB | T9H 2J2

780-743-2444 | dcinfo@fm-psd.ab.ca

Respectfully acknowledging that we are situated on Treaty 8 territory, traditional lands of First Nations and Métis People.

Strongly committed to providing a safe, enjoyable learning environment that fosters an attitude of responsibility, respect & caring and leads to a desire to be lifelong learners.

PRINCIPAL'S MESSAGE

Happy New Year! We hope you had a joyful holiday season surrounded by loved ones. As we embark on a new year filled with possibilities, we want to take a moment to reflect on the incredible successes we've experienced together as a school community.

First and foremost, a heartfelt congratulations to all our students who participated in the holiday concerts. The performances were nothing short of spectacular, showcasing the hard work, dedication, and talents of our students. It was truly heartwarming to see the joy and pride on the faces of our young performers as they shared their musical gifts with us. Secondly thank you to everyone who supported our Grade 5 popcorn fundraiser. The grade 5s brought in just over \$700.

Looking ahead, January promises to be an exciting month. Our Division 2 students can look forward to thrilling adventures on the slopes with upcoming skiing and snowboarding days. These activities not only provide an opportunity for physical activity and skill development but also create lasting memories for our students.

Additionally, we are thrilled that Literacy Night is just around the corner, scheduled for January 25th. This event is a fantastic opportunity for families to come together to engage in fun literacy activities that promote reading, writing, phonics, and phonological & phonemic awareness.

As always, we encourage parents and guardians to stay connected with our school community. Your involvement and support play a crucial role in creating a positive and enriching learning environment for our students.

Thank you for your ongoing commitment to the success and well-being of our students. Here's to a fantastic January filled with learning, growth, and memorable experiences.

Wishing you a wonderful start to the new year! Your admin team,
Principal Bobbi Compton and Vice-Principals Abbi Easton & Rob Skulsky



REMINDERS

- Morning Bells: 1st > 8:55am, 2nd > 9:00am
- Recess: 10:15-10:35am
- Kindergarten/ECDP AM Dismissal: 11:45am
- Lunch/PM Recess: 12:10-12:50pm
- Kindergarten/ECDP AM Start: 12:45pm
- Dismissal: 3:30pm
- Please drop off lunches before 12:10pm
- We are a PEANUT & TREE NUT FREE school
- To review student academic progress & attendance go to Parent Portal [HERE](#)
- Monitor your child's school bus [HERE](#)



ATTENDANCE MATTERS

Regular attendance is critical for school success. Both excused and unexcused absences negatively impact learning.

If your child is going to be absent or late please contact the school at 780-743-2444 or via email at dc.absences@fm-psd.ab.ca



SCHOOL COUNCIL/FUNDRAISING COMMITTEE

Thank you to everyone who purchased items from our Winter Florals Fundraiser, supported the Holiday Gift Shop and bought raffle tickets at our holiday concerts.

Thank
You

In total we brought in \$2174 to support with student resources.



The Dr. Clark Fundraising Committee has arranged a pizza fundraiser with Papa John's Pizza. On January 10 get 15% off orders and another 15% will come back to the school. Use Promo Code DC15 when ordering!

All parents are welcome at our December Dr. Clark School Council and Fundraising Committee Meeting Monday, January 22nd from 6-7pm

CYBER SAFETY

Keeping kids safe in the online world.

Chat, Messaging and Texting

- Possibility of bullying & inappropriate content sharing.
- Once a message is sent, control over that message is lost.
- Kids may accept friend/buddy requests from people they don't know in person

What can we do to keep them safe?

- Assist your child in creating their screen name and password so you can check their message history.
- Review the chat or messaging program's terms of use, particularly age of use.
- Talk to your child about the dangers of messaging and how to be safe.

For more info go to protectkidsonline.ca

7 HABITS FOR KIDS

Begin with the End in Mind:

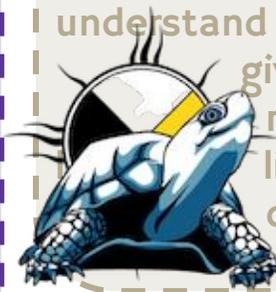
- Plan ahead and set goals.
- Do things that have meaning & make a difference.
- Contribute to my school & class.
- Look for ways to be a good citizen.



7 SACRED TEACHINGS

Turtle (Truth)

To know truth is to know & understand all of the original laws as given by the Creator and to remain faithful to them. To live in truth is to be obedient to the teachings of the Creator.



PARKING LOT DOs & DON'Ts

- DO** - Park within parking stalls only
- DO** - Use the sidewalks
- DO** - Drop students off at the front of the Kiss & Drop lane
- DO** - Follow directions of staff supervisors
- DO** - Give busses the right of way
- DO** - Watch for pedestrians
- DO** - Be courteous to other drivers
- DON'T** - Park/stop in bus lanes or through traffic areas
- DON'T** - Park in the Kiss & Drop lane
- DON'T** - Forget to be courteous



DIVERSITY, EQUITY AND INCLUSION

This month families in our school are celebrating...

New Year's Day - Celebrated by many as the first day of the new year.

Epiphany - Christian feast day commemorating the visit of the Magi, the baptism of Jesus, and the wedding at Cana.

Orthodox Christmas - The birth of Jesus celebrated by Orthodox Christians.



EXECUTIVE FUNCTIONING - EMOTIONAL CONTROL

The ability to manage emotions in order to achieve goals, complete tasks, or control & direct behavior.

Challenges can look like:

- Difficulty regulating emotions
- Nervousness when taking risks
- Difficulty expressing feelings
- Outbursts
- Conflict with others
- Difficulty accepting feedback



Strategies to Support Emotional Control:

- Explicitly talk about feelings & emotions
- Practice breathing techniques
- Imaginary play
- Cool down/calming zone
- Fidgets and Sensory play
- Mindfulness meditation
- Model positive self-talk
- Participate in movement activities (e.g. yoga, walking)



LITERACY MOMENT

NUMERACY FUN

$$\begin{array}{r}
 \text{Tree} + \text{Tree} + \text{Tree} = 21 \\
 \text{Mitten} + \text{Tree} + \text{Mitten} = 13 \\
 \text{Snowflake} + \text{Snowflake} - \text{Mitten} = 17 \\
 \text{Snowflake} + \text{Mitten} \times \text{Tree} = ??
 \end{array}$$

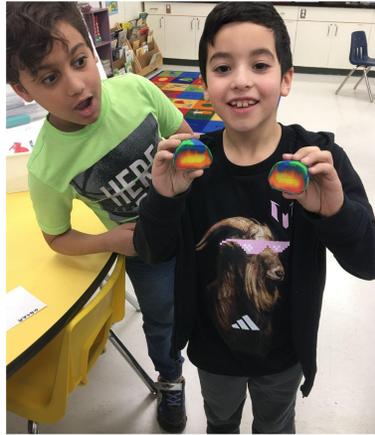
ANSWER = 9!

UPCOMING DATES

- Jan 8 - Dress in Dino Colours
- Jan 9 - FMPSD Ribbon Skirt Day
- Jan 10 - Papa John's Fundraiser
- Jan 12 - Grade 4/Skills/VIP Ski Day
- Jan 22 - School Council Meeting
- Jan 25 - Gr 5 & 6 Ski Day
- Jan 25 - Multicultural Day



- Jan 25 - Literacy Night @ 6pm
- Jan 26 - PLF #8 (No School)
- Jan 31 - Dino Awards Assembly
- Feb 1 - Dress in Dino Colours
- Feb 1 - World Hijab Day
- Feb 2 - Division PD Day (No School)
- Feb 5 to 15 - Alien Inline
- Feb 7 - Papa John's Fundraiser



Check us out on:

