

Dr. K. A. Clark Newsletter

drclark.fmpsdschools.ca



February 2020



School Hours

8:55 - First Bell
10:30-10:45 - Recess
12:15-12:35 - Lunch
12:35-12:55 - Lunch Recess
3:30 - Dismissal

ECDP Hours

Morning Class:
8:55-11:50 Monday to Friday
Afternoon Class:
12:35-3:30 Monday to Friday

To ensure the safety of all, students should not arrive at school before 8:30 and should leave school grounds immediately after dismissal unless involved in an after school activity.

A
Leader in Me™
School

Dr. Clark is a Leader in Me school! Leader in Me teaches 21st century leadership and life skills to students and creates a culture of student empowerment based on the philosophy that every child can be a leader.

**Kind hearts are the gardens,
Kind words are the roots,
Kind thoughts are the flowers,
Kind deeds are the fruits.**

**Take care of your garden
And keep out the weeds;
Fill it with sunshine,
Kind words and kind deeds.**

-H.W. Longfellow



To register at Dr. Clark, visit our school office or register online with the link on our website: drclark.fmpsdschools.ca

Student Absences

Please notify the office if your child is going to be late or absent by calling 780-743-2444 or emailing DCinfo@fmpsd.ab.ca with **absent** and your **child's name** in the subject line.

Leader in Me Assembly

February 20

9:15

Dr. Clark Gym

Reading
Is
Leading



The
Leader
inMe
great happens here

Administration's Message

Dr. Clark Families,

We have finally had some warmer weather. So glad to be able to get the students outside so they can burn off some of their amazing energy.

As always, lots going on here at Dr. Clark and February will not be any different. Just to name a few events, we will be having our Friendship Assembly, Math Night and Science in Motion (K only - other classes are later in the year). Our basketball practices continue and the students are really enjoying the sport as they are developing their teams.

Leader in Me is an important part of Dr. Clark's school culture. We are moving along our journey at a steady pace. Look for your child to be talking about how they track their Wildly Important Goals and their data binders.

PLF update... during our Professional Learning Fridays, the Dr. Clark staff have been working very hard at learning about Collaborative Response Teams. In a nutshell, we get together in their grade groups and discuss common learning issues. Then we have been creating a list of strategies that address these issues and share our ideas with each other. This year, we have focussed on literacy as our area to discuss. In the future will we include Math and behaviour issues in our meetings as well.

As always, if you have any questions or concerns, do not hesitate to contact the school at 780 743 2444.

Sincerely,

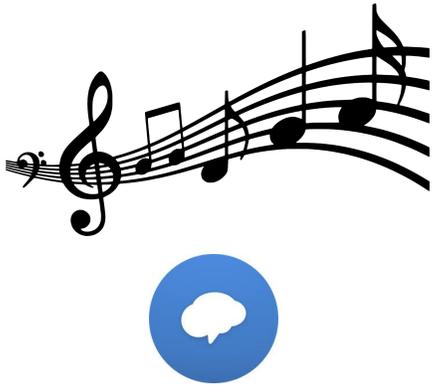
Admin Team

Jessica Roy (Principal)

Bobbi Compton (Vice Principal)

Angela Woods (Vice Principal)





Choir will be on Mondays and Wednesdays each week during lunch recess. This option is available to all grades 1-6/JS students.

Hand bells will be on Tuesdays and Thursdays at lunch recess. This option is available to 4-6 and JS.

If your child is in choir or handbells, please be sure to download the remind app to get last minute messages and updates. This is great for reminders when we have performances, require volunteers or your child needs to wear certain colours. As well, parents can easily send a message to Miss. Munn as needed.

Choir: ed9fab
Handbells: d24897

February Hot Lunch Menu

February 2020
Hot Lunch Menu



New To Our Menu

Menu Choices This Month

- Penne Marinara
- Buddy Burger
- Beef Stir Fry
- Cheese Pizza
- Chicken Burger
- Pepperoni Pizza
- Strawberry Smoothie
- Chicken Chow Mein
- Gluten Free Pizza
- Pork Nuggets
- Spaghetti
- Pulled Pork
- Corn Dog
- Ginger Beef
- Chicken Alfredo

Ordering Open Until Jan 27th at noon





Parent volunteers needed daily to deliver to classrooms.

Made with PosterMyWall.com drclark.hotlunches.net

Hot lunch orders are due by January 27 at noon.
www.drclark.hotlunches.net



**Breakfast and Hot Lunch Program Sponsors
Monetary and Time/Volunteers**



Thank you to our sponsors and community volunteers for helping us to do what's best for kids.

**Pink
Shirt
Day**

Feb. 20

Now a movement celebrated across the globe, Pink Shirt Day has humble beginnings...inspired by an act of kindness in a small-town in Nova Scotia.

On February 20, 2020, we encourage everyone to practice kindness and wear pink to symbolize that you do not tolerate bullying.





A group of students at Dr. Clark have been working on a project called Art of Resiliency with the Nistawoyou Friendship Center where they have been learning about the 7 Grandfather Teachings (Honestly, Truth, Humility, Respect, Love, Wisdom, Courage) and chatting with a local Elder and Knowledge Keeper in a sharing circle. Students are learning all sorts of information about Indigenous culture, traditions and history. Most recently they created fish scale art. Soon students will be working on a panel which they will collaborate together on and focus on one of the 7 Teachings. The completed panel will be displayed at the Nistawoyou Friendship Center.



In our efforts to continue to encourage students to recycle and be environmentally aware, we have created a partnership with Advanced Bottle Depot at 8322 Fraser Avenue (very close to our school!) to process our classroom recycling in a very efficient manner. They have set up a bin for us inside the depot in which we simply have to drop our bags of recycling. They will sort and count it for us and then send us the money at the end of each month.

We would encourage families to do the same if you are willing to donate your recycling. The money collected will go directly back to the students in the form of field trips or guest speakers for the school.

**Breakfast
At
Dr. Clark
8:35 - 9:00**

Dr. Clark Families,

As educators, we know that a healthy breakfast is a very important part of learning. We pride ourselves in providing a daily breakfast for many children during the school year. A big thank you goes out to our sponsors (both public and private) for this service. Breakfast is from 8:35 to 8:55 everyday in the Multipurpose Room.

**Safe
&
Caring**

Parents/Visitors

*Please help us foster independence, respect classroom learning and establish routines by picking up your child/children **outside** the school at their entrance/exit doors.*

“Caught Being a Leader” at Dr. Clark School

Dear Parents,

Each new school year brings opportunities for academic growth and growth in all areas of development. Although children must be knowledgeable when they graduate, they must also be healthy, engaged, responsible, and caring people. At Dr. Clark School we help students reach their full potential by teaching them the 7 Sacred Teachings and the 7 Habits. Leadership roles become a part of Dr. Clark and help students learn about responsibility, leadership and contribution.

Of course these roles do not only exist at school but at home or in the community as well. We ask that when your child displays any of the 7 Habits and/or 7 Sacred Teachings at home or when you are out and about, feel free to fill out one of the enclosed “Caught being a Leader” forms and have them return it to their teacher. We will collect the slips from teachers and display them on our “Leader in Me Wall of Fame” and your child’s name will be entered into a draw to have “Lunch with the Principal” as further recognition of showing leadership.

You will also see completed leadership slips coming home from school in your child’s agenda about how they have displayed leadership at Dr. Clark School. These are great reminders of how your child is a wonderful Dr. Clark Dino.

Here is a guide as to how you can get started at home:

1. Talk with your child about the leadership role he or she might be interested in at home.
2. Discuss why he or she is interested in the role. Ask what leadership qualities your child has that will help. Ask how he or she will handle homework or other commitments with this new responsibility.
3. Together, discuss, write, and sign the paper detailing the leadership behavior and expectations of the role.
4. Give your child a week or so to adjust and then discuss how it’s going. This may open a conversation on how to handle things that are too easy or too difficult. Express appreciation and celebrate success!

The 7 Habits

Habit 1: Be Proactive (You’re in Charge)

Habit 2: Begin With the End in Mind (Have a Plan)

Habit 3: Put First Things First (Work First, Then Play)

Habit 4: Think Win-Win (Everyone Can Win)

Habit 5: Seek First to Understand, Then to Be Understood (Listen Before You Talk)

Habit 6: Synergize (Together Is Better)

Habit 7: Sharpen the Saw (Balance Feels Best)

The Seven Sacred Teachings

To cherish knowledge is to know **WISDOM**;

To know **LOVE** is to know peace;

To honor all of the Creation is to have **RESPECT**;

BRAVERY is to face the foe with integrity;

HONESTY also means “righteousness”, be honest with yourself – in word and action;

HUMILITY is to know yourself as a sacred part of the Creation,

TRUTH is to know all of these things.

If you need more slips, feel free to print them off from the email we will be sending to all parents. Thank you so much for supporting our students in becoming wonderful leaders.

Dr. Clark Staff



Caught Being A Leader At Home/In The Community

_____ showed leadership today by

We are Dino Proud!

Given by _____



School Council & Fundraising Committees

A parent volunteer is needed each day to deliver hot lunches with a student leader. If you have 30-45 minutes to spare, consider helping out at the school from 11:45 to 12:30. Interested parents can sign up to volunteer at www.hotlunches.net. Please note you do not have to purchase lunches to sign up to volunteer. If you have any questions, please contact Bobbi Compton at the school.

SAVE THE DATE - our very first Mother's Day Spring Market is scheduled for Saturday, May 2! Table rental will be \$25 and we will soon be looking for vendors and volunteers. Stay tuned for more information!

Thank you to all our Alien In-line skating volunteers! Our students really enjoyed this activity and we couldn't have done it without you!!

The next School Council and Fundraising Committee meeting is Tuesday, February 18, 2020 from 6-7pm in the library. This is an open meeting and ALL parents/caregivers are welcome to attend.

Come join us and find out what's happening at the school, learn about upcoming events, and how you can be involved in your child's school community! Or send us an email at drclarkfuncomm@hotmail.com.



Important Dates

<p style="text-align: center;">February</p> <p>2 - Groundhog Day 6 - Family Math Night, 5-6pm 13 - Science In Motion, Kindergarten 14 - Valentine's Day 17 - No School, Family Day 20 - Leader In Me Assembly, Grades K-3, 9:15 20 - Pink Shirt/Kindness Assembly 21 - 100th Day of School 24-28 - Teachers' Convention Break</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px; text-align: center;"> <p><u>February Theme Days</u> 6th - Beach Day 13th - Twin Day 20th - Pink Shirt Day</p> </div>	<p style="text-align: center;">March</p> <p>2 - Tubing for Grade 3 students 5 - ECDP Open House, 5-7pm 6 - ECDP Open House, 9am-12pm 6 - No school for ECDP students 9 & 10 - Fluoride/Dentist, grades K-2 13 - PLF, No School for Students 18 - Family Literacy Night, 5-6pm 19 - Kindergarten Open House, 5-7pm 20 - Kindergarten Open House, 9am-12pm 20 - No school for ECDP and Kindergarten students 20 - Report Cards Go Home 24 - Jump Rope for Heart Assembly 25 & 26 - Parent Teacher Interviews, 5-8pm 27 - PLF, No School for Students 29 - School Science Fair 31 - Leader In Me Assembly, Grades 4-6/JS, 9:15</p>
<p style="text-align: center;">April</p> <p>10-17 - Spring Break, No School 28 - Leader In Me Assembly, Grades K-3, 9:15am 29 - Kindergarten Grad Photos 29 - Spring Photos</p>	<p style="text-align: center;">May</p> <p>4 - ELA, Part A PAT, Grade 6 8 - PLF, No School for Students 15 - No School 18 - No School 19-22 - Indigenous Week 29 - PLF, No School for Students</p>
<p style="text-align: center;">June</p> <p>12 - PLF, No School for Students 15 - ELA, Part B PAT, Grade 6 17 - Math PAT, Grade 6 19 - Science PAT, Grade 6 22 - Social Studies PAT, Grade 6 23 - Waterpark Day 25 - Last Day for Students</p>	

Important information/dates for Early Learning Open Houses for the 2020-2021 school year.

ECDP Open Houses
March 5th from 5 - 7 pm
March 6th from 9 - 12 noon

March 6th - ECDP classes are cancelled for the day

Kindergarten Open Houses
March 19th from 5 - 7pm
March 20th from 9 - 12 noon

March 20th - All Early Learning classes (ECDP and Kindergarten) are cancelled that day.

Dino's are Healthy!

Hello everyone! Dr. Clark School is proud to be an APPLE school, as it has been for many years.

Dr. Clark provides students with many opportunities to be exposed to daily physical activity, positive mental health habits and healthy eating. In this section of the newsletter, you can read about what we are doing, as well as find tips, resources and ideas that you can do with your child at home!

What's going on...

We have had some cold weather these last couple of weeks, but that does not stop Dr. Clark students from being active! During indoor recesses, classes have been doing a variety of different activities to keep their bodies moving. Pictured below is the grade 5 class having a Noodle Popper Relay, and the Grade 1 class playing "Do this, Do that" . Did you know that by being active, your brain is better suited to learn?



When the weather warms up, there are many different ways of being active and having fun outdoors. With your family, print off the page below and see how many of these activities you can do together!

[Here is the link to a printable version.](#)



HOME CHALLENGES

Don't Hibernate — Participate! Tracking Sheet

Student Name: _____ Grade: _____

Activity	Circle how many people participated	Initial
Build a snowman	All Most Some	
Go tobogganing	All Most Some	
Go skating at an outdoor rink	All Most Some	
Go for a walk with the whole family	All Most Some	
Catch snowflakes on your tongue	All Most Some	
Build an outdoor snow fort	All Most Some	
Make snow angels	All Most Some	
Go for a hike in a park	All Most Some	
Shovel snow and jump in the snow piles	All Most Some	
Shovel a neighbour's driveway	All Most Some	



Bell Let's Talk

January 29, 2020

**Join us in the conversation
around mental health.**

Wear Blue or Green and use the
Hashtag #BellLetsTalk @FMPSD



5 ways you can help



Language
matters



Educate
yourself



Be
kind



Listen
and ask



Talk
about it

When it comes
to mental health,
every action counts.

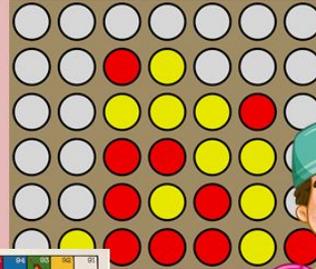
Join in to help create
positive change.

**Fort McMurray
Public Schools**

Learn more at bell.ca/letstalk

Family Math Night

February 6, 5-6pm



2019-2020 School Year Calendar

Fort McMurray Public School District #2833

August 2019							September 2019							October 2019						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
				1	2	3	1	2	3	4	5	6	7	6	7	8	9	10	11	12
4	5	6	7	8	9	10	8	9	10	11	12	13	14	13	14	15	16	17	18	19
11	12	13	14	15	16	17	15	16	17	18	19	20	21	20	21	22	23	24	25	26
18	19	20	21	22	23	24	22	23	24	25	26	27	28	27	28	29	30	31		
25	26	27	28	29	30	31	29	30												

November 2019							December 2019							January 2020						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
					1	2	1	2	3	4	5	6	7	5	6	7	8	9	10	11
3	4	5	6	7	8	9	8	9	10	11	12	13	14	12	13	14	15	16	17	18
10	11	12	13	14	15	16	15	16	17	18	19	20	21	19	20	21	22	23	24	25
17	18	19	20	21	22	23	22	23	24	25	26	27	28	26	27	28	29	30	31	
24	25	26	27	28	29	30	29	30	31											

February 2020							March 2020							April 2020						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
						1	1	2	3	4	5	6	7	5	6	7	8	9	10	11
2	3	4	5	6	7	8	8	9	10	11	12	13	14	12	13	14	15	16	17	18
9	10	11	12	13	14	15	15	16	17	18	19	20	21	19	20	21	22	23	24	25
16	17	18	19	20	21	22	22	23	24	25	26	27	28	26	27	28	29	30		
23	24	25	26	27	28	29	29	30	31											

May 2020							June 2020							July 2020						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
					1	2	1	2	3	4	5	6	5	6	7	8	9	10	11	
3	4	5	6	7	8	9	7	8	9	10	11	12	13	12	13	14	15	16	17	18
10	11	12	13	14	15	16	14	15	16	17	18	19	20	19	20	21	22	23	24	25
17	18	19	20	21	22	23	21	22	23	24	25	26	27	26	27	28	29	30	31	
24	25	26	27	28	29	30	28	29	30											
31																				

 STAT Holiday (No School) Staff Professional Learning/Development Day (No School)
 Important Dates School Breaks / No School

***2020-2021 Proposed Important Dates**
 Sept 1, 2020 First day for Students Feb 25 & 26 Teachers' Convention
 Dec 21-Jan 3 Christmas Break Apr 2 - 9 Easter and Spring Break

2019/2020 Important Dates

Aug 14	Schools Open for Registration
Aug 21	Administration First Day
Aug 28	ATA First Day
Aug 29	CUPE First Day
Sept 2	Labour day (No School)
Sept 3	First Day of School for Students
Sept 9	ECCDP First Day
Sept 13	PLF #1 (Staff Only)
Sept 27	PLF #2 (Staff Only)
Oct 4	PLF #3 (Staff Only)
Oct 14	Thanksgiving (No School)
Oct 25	PLF #4 (Staff Only)
Nov 1	Institute Day (Staff Only)
Nov 8	In Lieu PTI (No School)
Nov 11	Remembrance Day (No School)
Nov 22	District Day #1 (Staff Only)
Dec 13	PLF #5 (Staff Only)
Dec 20	PLF #6 (Staff Only)
Dec 23-Jan 3	Christmas Break (No School)
Jan 6	Classes Resume
Jan 17	PLF #7 (Staff Only)
Jan 31	District PD Day (Staff Only)
Feb 3	2nd Semester begins
Feb 17	Family Day (No School)
Feb 24-28	Teachers' Convention (No School)
Mar 13	PLF #8 (Staff Only)
Mar 27	PLF #9 (Staff Only)
Apr 10	Good Friday (No School)
Apr 13-17	Easter Monday & Spring Break (No School)
May 8	PLF #10 (Staff Only)
May 15	In Lieu PTI (No School)
May 18	Victoria Day (No School)
May 29	PLF #11 (Staff Only)
Jun 12	PLF #12 (Staff Only)
Jun 25	Last day of School for Students
Jun 26	Last Day for Staff/Graduations (1/2 day: AM Only)

171 Instructional Days (86 & 85) / 193.5 Operational Days

Approved Date: March 20, 2019

*Proposed dates listed are subject to change

SEE THE CHILD BEFORE THE DISABILITY

With Sarah Rivard



March 7

Unifor Building

10019 MacDonald Ave,
Fort McMurray

Workshop A

10am - 12pm

- See my child before the disability.
- How to get others to see my child first.
- How we can advocate for our children and encourage them to advocate for themselves.

Workshop B

2pm - 4pm

- Creating relationships with parents and professionals
- What are our roles and how we can work as a team to support each other.

Workshop A or B

\$50/single Ticket
\$75/Parent Double Ticket

Workshop A & B

\$75/single Ticket
\$125/Parent Double Ticket

Scholarship

Subsidized ticket available for those on fixed/ limited income.

Limited space Register today

<https://disabilityworkshopfm.eventbrite.ca>





No-School Friday Multi-Sports Camps

Our Huskies coaches will introduce children to various sports such as soccer, basketball, volleyball, Frisbee, badminton, track, speed, agility, and more.

- Ages: 6-12 years old
- Length: 8 a.m. - 4:30 p.m.
- Dates:
 - January 17 & 31
 - March 13 & 27
 - May 8, 15, & 29
 - June 12
- Cost: \$40.00 (per Friday)
- Information/Registration Link:
www.Keyano.ca/juniorhuskies
- Registration Phone Number
780-791-7792

Teacher's Convention Day Multi-Sports Camp

Our Huskies coaches will introduce children to various sports such as soccer, basketball, volleyball, Frisbee, badminton, track, speed, agility, and more.

- Ages: 6-12 years old
- Length: 8 a.m. - 4:30 p.m.
- Dates:
 - February 24-26, 2020
- Cost: \$100.00
- Information/Registration Link:
www.Keyano.ca/juniorhuskies
- Registration Phone Number
780-791-7792

For more Information:

Macky Singh

Junior Huskies Sports Camps Coordinator

Tel: 780.792.5122

Email: mackinder.singh@keyano.ca